

Kidscape log

The Kidscape log is here to help you share with the school anything that has happened either in school, on the way to and from school, or online, that is making you feel sad or scared.

For example, things that have been said to you, names you may have been called, rumours others are spreading, online photos, posts or comments, or any other way someone has tried to hurt you – whether face to face or online.

The purpose of the log is to help staff understand what you are going through, how it is making you feel, and what they can do to help.

Name	
Class	
Date	

How are you feeling right now?	
What would make things better?	

What happened?	
Where?	
When?	
Who was involved?	
Did you tell anyone?	
How did it make you feel?	