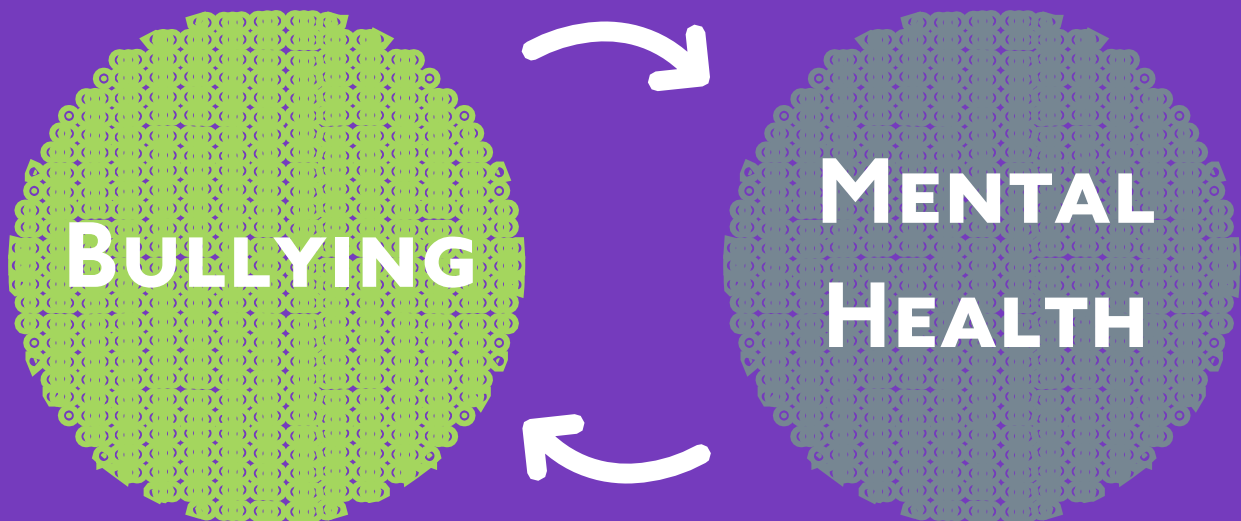


THE CYCLE OF BULLYING AND MENTAL HEALTH ISSUES

There is a strong link between mental health and bullying. The diagram below shows, young people who have experienced a bullying situation are more likely to develop mental health issues and those who have existing mental health issues are more likely to be a target of bullying.

Young people are more likely to develop mental health issues if they are a target of bullying



Young people with mental health issues are more likely to experience bullying